**Palm Sunday**

**The Fearlessness of Jesus**

**Matthew 21:1-15**

**Other verses:**

‘Fear not, little flock, it is your Father’s good pleasure to give you the kingdom.’ Luke 12 v 32

 ‘God has not given us a spirit of fear, but of power and of love and of a sound mind.’ 2 Timothy 1 v 7

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41 v 10

**Questions:**

Have there been times, particularly in this last year, when you have felt fear or anxiety?

How did you try to deal with those feelings?

Why do you think the phrase ‘Fear not’ or ‘Do not fear’ appears so often in the Bible?

What help does the Bible give us for dealing with fears?

What might we learn from the example of Jesus, particularly from his experiences in Holy Week?

**Fear or faith**

Fear exaggerates. Faith keeps us sane.

Fear imprisons us. Faith sets us free.

Fear paralyses us. Faith empowers us.

Fear weakens us. Faith strengthens us.

Fear disheartens us. Faith encourages us.

Fear isolates us. Faith brings us together us.