

## Sunday 24<sup>th</sup> January – Tackling Temptation

### Jesus is Tested in the Wilderness



- How would you define temptation?
- If you feel comfortable, share experiences of temptation that you have faced.

#### Read Luke 4:1-14

- Why do you think Jesus went into the wilderness?
- How do you think Jesus felt whilst in the wilderness?
- What boundaries did Jesus feel led to observe whilst he was there?
- What boundaries have you agreed with God to help you resist temptation in your area of weakness?
- What lies and misdirection did the devil use to try and tempt Jesus?
- How did Jesus use scripture to fight against temptation?
- What scriptures help you to stand up against the temptations that you face?

#### Read Galatians 5:16-17

- Luke 4:1 tells us that Jesus was full of the Holy Spirit. According to Galatians, how would that have helped Him resist temptation?
- How can you make sure you are filled with the Holy Spirit when you face temptation?

#### Pray

- That God will show us the areas of temptation we need to tackle.
- That we will be filled with the Holy Spirit so that He can help us stay within the boundaries God has set for us.
- That we will know the truth of Gods word and be able to use it as a weapon against lies and misdirection.