**Holy Trinity Sunday April 24th John 20:19 – 31 Reassurance**

In the sermon it was mentioned that there are different times in life, when we can find ourselves in need of reassurance. The child who has been done something wrong, and needs reassurance they are still loved and cared for.

The teenagers who have not achieved the exams grades they or others expected, there can be a need of reassurance that they are still valued, loved and wanted.

The adult who has made mistakes, done or said something thoughtless or wrong and hurtful, there can be a need of reassurance that they are that they / we are still valued, still halve a contribution to make, a part to play, whether it be in family life or the world of work or for the Christian in the life of the church.

1. Can you think of a time in your life when you have been in need of reassurance and if appropriate, please share it with your group and also how, if you did, receive reassurance?
2. What difference did receiving reassurance make to you?

**READ John 20:19 – 31**

1. In verses 19 – 20 of this passage we meet a group of disciples, try to put yourself in their position and share how you think you would have felt?
2. In verses 24ff we meet Thomas, how do you react to Thomas?
3. From the passage identify how those early disciples received reassurance
4. How from the events we celebrated last weekend can we also receive reassurance?
5. We can often think of the cross as a Christian symbol, but do we think of the empty tomb in the same way?

Pray for those in your group and others known to you who at this time are in need of the reassurance of God’s love and care

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